



The CPST Connect

The Centre for Parliamentary Studies and Training (CPST)-Connect

Issue

011

January to March 2026

(CPST) Successfully conducted the Legislative Supervisory Mandatory Course for Parliamentary staff



Hon. Justice Dr. Johnson Okello, Chairperson of the Examination Committee and Judge of the Court of Appeal (7th right, seated); Prof. Nyokabi Kamau, EBS, Executive Director of CPST (7th left, seated); Mr. Nicholas Emejen, Deputy Director, Committee Services (centre); members of the Examination Committee and participants during the closing ceremony of the Legislative Supervisory Course (Cohort IV)

The Centre for Parliamentary Studies and Training, in collaboration with the Parliamentary Service Commission, successfully conducted the Legislative Supervisory Course Cohort IV for parliamentary staff held from 12th January to 6th February 2026 through a blended learning approach that combined virtual instruction with in person assessment.

Designated as PSC Mandatory Course III, the programme brought together staff from the National Assembly, the Senate, Parliamentary Joint Services, the PSC Secretariat, and CPST. It targeted officers in Job Groups and Scales 8 to 10 and was designed to equip them with the knowledge, technical competencies, and professional attributes required for effective supervisory and administrative functions within Parliament.

Anchored in the PSC Strategic Plan, particularly the pillar on Effective Legislation, Representation, and Oversight, the course contributed to strengthening the capacity of staff to support Members of Parliament in the discharge of their constitutional mandate. It also reinforced

the Parliamentary Service's broader goal of building a professional, efficient, and service oriented workforce.

The training promoted accountability, efficiency, and excellence in service delivery. Participants gained competencies in legislative administration and supervision, public finance management within legislatures, parliamentary practice and procedure, online meeting protocols, and principles of good governance. The programme used a participatory adult learning approach that included lectures, group discussions, simulations, case studies, and multimedia tools. Facilitation was undertaken by PSC officers trained through the CPST Trainers of Trainers (ToT) programme, helping ensure both

technical rigour and contextual relevance.

The virtual sessions ran from 12th to 31st January 2026, followed by in person examinations from 2nd to 6th February 2026. A total of seventy-seven participants successfully completed the course and sat for the final assessment. Reflecting strong cross institutional commitment to capacity development.

The programme was enriched by remarks from distinguished parliamentary leaders, namely the Clerk of the Senate and Secretary to the PSC, Mr. Jeremiah Nyegenye and the Executive Director of CPST, Prof Nyokabi Kamau, EBS. Commending participants for their dedication, Mr. Nyegenye urged them

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(CPST) Successfully conducted the Legislative Supervisory Mandatory Course for Parliamentary staff (Continued)

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opportunity created by the course, noting that, "This programme is not only about strengthening your supervisory competencies but also about building networks and learning from one another across the Parliamentary Service". He also recognised the appointment of Hon Justice Dr. Johnson Okello, Chairperson of the Examination Committee, to the Court of Appeal.

During the closing ceremony, the Class President, Mr. Benson Inzofu, expressed appreciation to the facilitators and coordinators for their exemplary support and announced a planned Corporate Social Responsibility (CSR) initiative as a practical extension of the knowledge acquired. He noted that, "The course has not only sharpened our supervisory skills but has also inspired us to give back through a shared CSR initiative." He stated.

Hon. Justice Dr. Johnson Okello, Chairperson of the Examination Committee, commended participants for their resilience and discipline, observing that, "The certification awarded upon completion of this course is recognised and is undergoing accreditation by the Kenya National Qualifications Authority, which further enhances its professional value." His remarks underscored the growing significance of the course within professional development frameworks.

In her address, Prof Nyokabi Kamau, EBS, emphasised the importance of certification, ethical practice, and lifelong learn-



Hon. Justice Dr. Johnson Okello, Chairperson of the Examination Committee and Judge of the Court of Appeal (4th right, seated); Prof. Nyokabi Kamau, EBS, Executive Director, CPST (3rd left, seated); Mr. Nicholas Emejen, Deputy Director, Committee Services (4th left); and members of the Examination Committee during the closing ceremony of the Legislative Supervisory Course (Cohort IV).

ing, while highlighting the inclusive nature of PSC Mandatory Courses in fostering unity and collaboration across the Parliamentary Service. She noted, "Certification is a significant milestone in professional development, but it must always be complemented by ethical conduct, dedication to service, and a commitment to continuous learning."

In his remarks delivered on behalf of the Clerk of the National Assembly, Mr. Nicholas Emejen, Deputy Director, Committee Services, underscored the strategic importance of the course in strengthening legislative operations and service delivery. He encouraged participants to uphold leadership and professionalism, stating,

"You play a vital role in advancing Parliament's mandate, and I urge you to apply the knowledge gained through this course to enhance service delivery for the people of Kenya."

The successful implementation of Cohort IV marked a significant milestone in advancing continuous professional development within the Parliamentary Service. CPST commended the Examination Committee, facilitators, coordinators, and participants for their dedication, professionalism, and invaluable contribution to the programme's success, and extended its best wishes to all candidates as they await the release of their results.

CPST Strengthens Capacity of the Kitui County Assembly Service Board through Targeted Capacity Building

The Centre for Parliamentary Studies and Training (CPST) conducted a two-day induction and capacity-building programme for Members of the Kitui County Assembly Service Board from 14th to 15th January 2026. The programme aimed to strengthen the Board's capacity to effectively discharge its statutory mandate by enhancing understanding of the legal, institutional and operational frameworks governing County Assembly Service Boards.

The programme equipped Board members with practical knowledge on their roles and responsibilities, while highlighting the importance of induction in promoting continuity, efficiency and effective service delivery within legislative institutions.

During the opening session, the Speaker of the Kitui County Assembly, Hon. Kevin Kinengo Katisya, commended CPST for organising the programme, noting that it was timely and relevant, particularly following the appointment of new Board members and the ongoing development of the Assembly's strategic plan. He observed that the training provided an important platform to strengthen institutional leadership and support the Assembly's strategic direction.



Members of the Kitui County Assembly Service Board during an Induction and Capacity Building Programme held from 14th to 15th January 2026

Hon. Katisya further underscored the need to strengthen collaboration between CPST and the Kitui County Assembly through a formal partnership framework. He noted that such collaboration would provide a structured approach towards continuous capacity development, research and knowledge sharing for enhanced institutional performance.

Throughout the programme, participants engaged with key issues affecting County Assembly Service Boards and explored practical approaches to strengthening governance, oversight and operational effectiveness. The sessions

enabled members to reflect on their mandate and identify strategies for improving Board performance in support of effective legislative institutions.

By the end of the training, participants had enhanced their understanding of the legal framework governing County Assembly Service Boards in Kenya, strengthened their appreciation of effective Board practices and gained insights into emerging governance challenges. The programme reaffirmed CPST's continued commitment to empowering county assemblies through responsive, practical and sustainable capacity-building initiatives.

Enhancing Legislative Reporting through Capacity Building for Parliamentary Journalists

In January 2026, the Centre for Parliamentary Studies and Training (CPST), in partnership with the National Assembly, conducted a three (3)-day media capacity-building workshop for members of the Kenya Parliamentary Journalists Association (KPJA).

The initiative aimed to strengthen the quality and accuracy of legislative reporting by enhancing journalists' understanding of parliamentary procedures, processes and

the budget cycle.

The programme was developed following engagements between KPJA and the Speaker of the National Assembly, who serves as the Association's Patron. Subsequently, the Clerk of the National Assembly facilitated the training to address the evolving professional needs of parliamentary journalists and strengthen collaboration between Parliament and the media.

The training provided participants with practical insights into parliamentary

practice, including plenary and committee proceedings, the legislative process, budget formulation and oversight, media ethics and professional well-being. The sessions also created an opportunity for knowledge exchange, networking and experience sharing between journalists and parliamentary staff.

In his opening remarks, Mr. Rana Tiampati, Deputy Director of Legislative and Procedural Services, reaffirmed the National Assembly's

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Enhancing Legislative Reporting through Capacity Building for Parliamentary Journalists (Continued)



Training Programme on Media Ethics, Parliamentary Procedures, and Budget Processing for members of the Kenya Parliamentary Journalists Association (KPJA) and Media Relations Officers held in January 2026.

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commitment to fostering a constructive relationship with the media. He emphasised that a deeper understanding of parliamentary processes enhances the accuracy, quality and effectiveness of legislative reporting.

Mr. Edwin Obuya, Secretary General of KPJA, commended CPST and the National Assembly for facilitating the programme and underscored the importance of continuous professional development. He

noted that sustained collaboration between Parliament and the media remains essential in promoting informed public discourse and strengthening citizen engagement in parliamentary affairs.

At the end of the training, Prof. Nyokabi Kamau, EBS, highlighted the critical role of the media in advancing parliamentary democracy and promoting transparency. She reaffirmed the Centre's commitment to continued collaboration with KPJA

and encouraged journalists to uphold professionalism, integrity and dedication to democratic governance.

The initiative marked a significant milestone in strengthening the capacity of parliamentary journalists and enhancing public understanding of legislative processes, thereby contributing to more informed, accurate and responsible reporting on parliamentary affairs.

CPST Showcases Parliamentary Capacity-Building Initiatives During the National Assembly Retreat

The Centre for Parliamentary Studies and Training (CPST) participated as both a speaker and exhibitor during the National Assembly Retreat held from 26th to 30th January 2026 in Naivasha.

The engagement provided a strategic

platform for the Centre to advance its mandate, promote its programmes and enhance awareness of its role in strengthening parliamentary capacity. The participation aligned with the CPST Strategic Plan 2023-2030 and supported the objectives of the proposed CPST Digital Marketing Strategy

2026-2027.

The retreat enabled CPST to engage directly with Members of the National Assembly and showcase its mandate, training programmes and tailored capacity-building initiatives. Through its exhibition, the Centre presented its comprehensive training portfolio, highlighted upcoming programmes, promoted enrolment opportunities and created avenues for interaction with Members to identify training needs and areas of interest.

The Centre also utilised the platform to promote knowledge sharing through the distribution of institutional publications, including the CPST Yearbook and editions of CPST Connect. These efforts formed part of CPST's broader strategy to strengthen outreach, enhance institutional visibility and foster continuous professional development within the parliamentary ecosystem.

The CPST delegation was led by Executive Director, Prof. Nyokabi Kamau, EBS, who participated as a speaker and exhibitor. The Marketing Team coordinated the exhibition activities, stakeholder engagement and programme promotion throughout the retreat, providing Members with an opportunity to interact with the Centre's initiatives and services.

The retreat was officially opened by Rt. Hon. Moses Wetang'ula, Speaker of the National Assembly and Chairperson of the Parliamentary Service Commission. CPST reaffirmed its commitment to supporting Parliament through responsive training programmes, strategic partnerships and initiatives aimed at strengthening professionalism and institutional effectiveness.

The event brought together over 300 Members of Parliament, senior officials from the Parliamentary Service Commission and representatives from various public sector institutions. The participation provided a valuable platform for knowledge exchange, networking and cross-sector engagement on issues affecting governance and public service delivery.

CPST's participation received positive feedback from Members who commended the relevance, diversity and quality of its training programmes. There was notable interest in courses focusing on strategic negotiation, communication and public speaking, highlighting the growing demand for practical skills that enhance legislative effectiveness and public engagement.

By the end of the retreat, more than forty (40) Members of Parliament had registered for or expressed interest in upcoming CPST programmes. The outcome reaffirmed CPST's position as a leading institution in parliamentary capacity development and demonstrated the value of sustained engagement in supporting effective, accountable and responsive legislative practice.

CPST and Strathmore University Advance Dialogue on Fiscal Decentralisation and Devolution

On 2nd February 2026, the Centre for Parliamentary Studies and Training (CPST), in collaboration with Strathmore University, hosted the 18th CPST Webinar Conference themed "Fiscal Decentralisation: Strengthening Devolution by Instituting the Principle of Funds Following Functions (FFF)." The virtual forum provided an important platform for discussions on fiscal governance and the advancement of devolution in Kenya.

The conference attracted over 260 participants drawn from Parliament, academia, public institutions and governance stakeholders, reflecting growing interest in strengthening fiscal decentralisation and enhancing the effectiveness of devolved governance.

Discussions underscored the importance of the Funds Following Functions (FFF) principle in promoting equitable resource allocation, accountability and effective service delivery. Participants explored policy options, best

practices and reform measures aimed at strengthening fiscal discipline and improving intergovernmental coordination.

CPST Executive Director, Prof. Nyokabi Kamau, EBS, expressed appreciation to the speakers, panellists, moderators, facilitators and participants for their valuable contributions. She also recognised Strathmore University for its continued partnership in advancing policy dialogue and institutional capacity development. "Together, we are fostering inclusive, evidence-based policy conversations and building institutional capacity through strategic partnerships," noted Prof. Kamau.

CPST remains committed to partnering with stakeholders in future knowledge-sharing forums that promote good governance, strengthen devolution and enhance public sector performance.

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FISCAL DECENTRALIZATION: STRENGTHENING DEVOLUTION BY INSTITUTING THE PRINCIPLE OF “FUNDS FOLLOWING FUNCTIONS” (FFF)



**SEN. TABITHA MUTINDA,
MP, CBS**
VICE CHAIRPERSON,
SENATE COMMITTEE
ON FINANCE AND BUDGET
DISCUSSANT



**DR. ABRAHAM RUGO
MURIU, PHD**
EXECUTIVE DIRECTOR,
BAJETI HUB-KENYA
KEYNOTE SPEAKER



**MRS. PHYLLIS MAKAU,
OGW**
PIONEER & FORMER DIRECTOR,
PARLIAMENTARY BUDGET OFFICE
DISCUSSANT



**JEREMIAH M. NYEGENYE,
CBS**
CLERK OF SENATE/SECRETARY,
PARLIAMENTARY SERVICE
COMMISSION
MODERATOR

**WITH OPENING REMARKS
BY**



PROF. NYOKABI KAMAU, EBS
EXECUTIVE DIRECTOR, CPST,
PARLIAMENT OF KENYA

A WEBINAR CO-HOSTED BY THE STRATHMORE UNIVERSITY
AND
THE CENTER FOR PARLIAMENTARY STUDIES AND TRAINING (CPST)
IN THE PARLIAMENT OF KENYA



2ND FEBRUARY 2026



11:00–12:30 EAT

SCAN TO REGISTER



Training For Quality Leadership and Governance



www.parliament.go.ke/cpst

Over 260 stakeholders participate in CPST's 18th Webinar Conference on Fiscal Decentralization

CPST and UNITAR Hold Training of Trainers (TOT) Masterclass to Strengthen Training Capacity



Participants during a CPST - UNITAR Training of Trainers (TOT) Masterclass training session held from 16th - 20th February 2026.

The Centre for Parliamentary Studies and Training (CPST), in partnership with the United Nations Institute for Training and Research (UNITAR), successfully conducted a five (5)-day Training of Trainers Masterclass from 16th to 20th February 2026.

The programme brought together twenty-seven participants from the Parliamentary Service Commission and partner institutions, including the Parliament of Ghana, National Treasury, Ministry of Health, Kenya Law Reform Commission, County Assembly of Kisumu, Kenya Institute of Curriculum Development and the National Government

Constituencies Development Fund.

Opening the programme, CPST Executive Director, Prof. Nyokabi Kamau, EBS, welcomed participants and UNITAR facilitators and reaffirmed CPST's commitment to strengthening institutions through high-quality, demand-driven and responsive training programmes.

The Masterclass served as both a refresher and an advanced learning platform, equipping participants with modern facilitation techniques, strategic learning design, behavioural insights and the application of digital tools, including Artificial Intelligence, in adult learning. Through plenary sessions, design laboratories and peer-learning engagements, participants

enhanced their facilitation skills and capacity to deliver impactful training within their institutions.

Participants also benefited from the expertise of Mr. Tissione Parmar, Team Leader of the Learning Solutions Team at UNITAR Geneva, and Ms. Lujza Bojchova Golubova, Specialist in UNITAR's Division for Peace, who facilitated sessions on systems thinking, AI-enabled learning, strategic design and inclusive training delivery.

The Masterclass marked a significant milestone in strengthening training capacity, knowledge transfer and excellence in public service delivery.

CPST Strengthens Research Officers' Analytical Capacity to Support Effective Legislative Decision-Making and Governance

The Centre for Parliamentary Studies and Training (CPST) conducted a specialised training programme for fifty-five (55) Research Officers from the National Assembly from 19th to 23rd February 2026. The programme was designed to strengthen evidence-based legislative analysis and enhance the officers' capacity to effectively support Parliament's oversight, representation and law-making

functions.

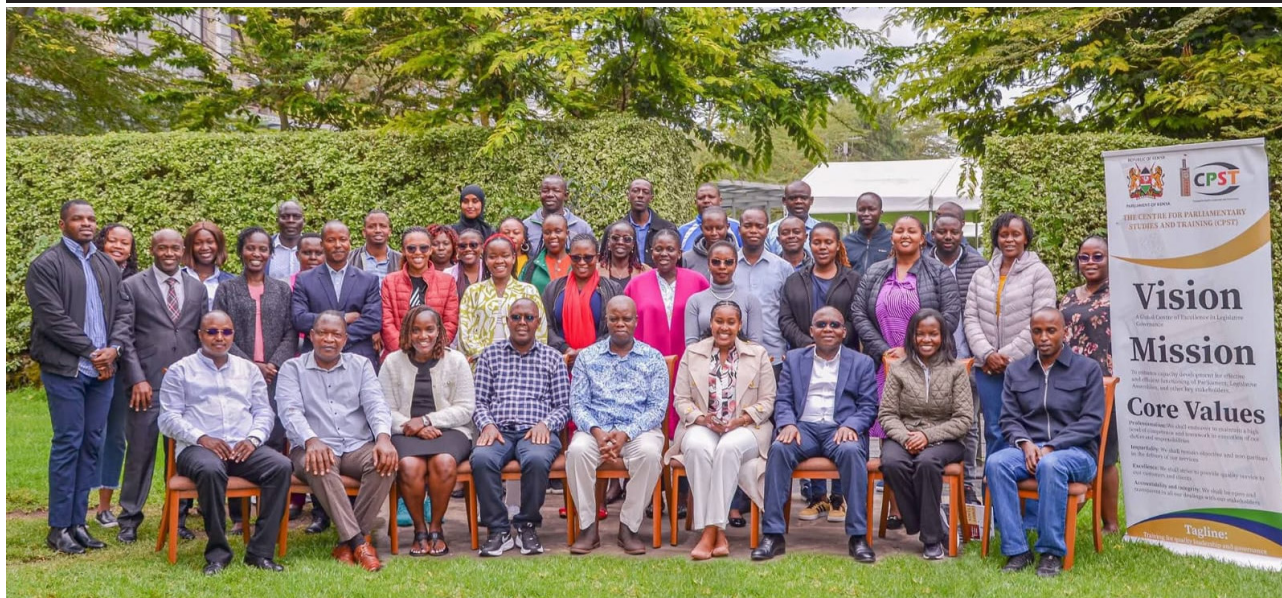
The training emphasised the importance of evidence-based legislative analysis and post-legislative scrutiny as critical tools for promoting accountability, transparency and effective governance. CPST Executive Director, Prof. Nyokabi Kamau, EBS, underscored the Centre's commitment to building legislative capacity as a means of enhancing the effectiveness of parliamentary processes, including

emerging trends in legislative practice, analytical frameworks and practical tools for scrutinising Bills and public policy proposals. The programme strengthened their ability to provide timely, objective and evidence-informed support to parliamentary committees and Members.

Recognising the demanding nature of parliamentary work, the training also incorporated a session on work-life balance and workplace wellness,

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CPST Strengthens Research Officers' Analytical Capacity to Support Effective Legislative Decision-Making and Governance (Continued)

Training for National Assembly Research Officers on Bill Scrutiny Held from February 19th - 23rd 2026

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facilitated by Dr. Rhoda Murugi, a Clinical Psychologist and workplace wellness expert. The session highlighted the importance of personal wellbeing in sustaining productivity, resilience and professional excellence.

Facilitators included Hon. Justice (Dr.) Johnson Okello, OGW, Judge of the Court

of Appeal, and Ms. Rachel Osendo, Public Policy Research Specialist at the Kenya Law Reform Commission, who shared insights on legislative analysis, governance and public policy.

CPST expressed appreciation to the Parliamentary Service Commission and all

stakeholders for their continued support in staff capacity development. The programme marked a significant step towards strengthening legislative research capacity and enhancing the quality of parliamentary decision-making and governance.

CPST Strengthens Research Officers' Analytical Capacity to Support Effective Legislative Decision-Making and Governance

Research and Library Officers from the County Assembly of Bungoma participate in a specialised training programme on Evidence-Based Policy Research, held from 23rd - 27th February 2026

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The Centre for Parliamentary Studies and Training (CPST) conducted a specialised training programme on Evidence-Based Policy Research for Research and Library Officers from the County Assembly of Bungoma from 23rd to 27th February 2026.

The programme aimed to strengthen technical competencies in policy analysis and enhance support for effective legislative processes within Kenya's devolved system of governance.

Recognising the critical legislative, oversight and representative mandates of County Assemblies, the training focused on key areas including policy problem identification, stakeholder and impact analysis, legislative scrutiny of Bills, evidence synthesis and the facilitation of structured public participation. These competencies are essential in promoting

informed decision-making and improving the quality of legislative outputs.

The initiative reaffirmed CPST's commitment to strengthening institutional capacity within devolved governance structures. It also highlighted the County Assembly of Bungoma's commitment to investing in the professional development of its technical staff and enhancing the quality of legislative support services.

In her opening remarks, Ms. Misati, Deputy Director, Administration, Finance and Corporate Affairs at CPST, underscored the importance of evidence-based policy analysis in developing practical and implementable solutions to address public challenges. She encouraged participants to embrace emerging technologies and analytical tools to enhance research capabilities and generate timely, accurate and evidence-driven information to support

effective legislative decision-making.

Ms. Misati further encouraged participants to engage actively with facilitators from the Parliamentary Research Services to promote peer learning, knowledge exchange and professional collaboration, all of which contribute to institutional effectiveness.

The training equipped participants with practical analytical skills while strengthening the County Assembly's capacity to provide high-quality research support, enhance accountability and effectively respond to the needs and aspirations of the citizens of Bungoma County.

CPST commended the leadership of the County Assembly of Bungoma for its continued commitment to strengthening legislative research capacity and improving institutional performance in service to the people.

CPST Empowers the County Assembly of Kwale Members with Skills in Modern Public Finance Management



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Members of the Committee on Finance, Budget and Appropriation of the County Assembly of Kwale during a Capacity Building Programme on Public Finance Management, on the transition from IPSAS Cash to Accrual Accounting and Electronic Government Procurement (E-GP), held from 24th - 27th February 2026 at CPST County House Town Campus.

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The CPST conducted a four (4) -day Capacity Building Programme on Public Finance Management for fifteen (15) members and staff of the Finance, Budget, and Appropriation Committee of the County Assembly of Kwale.

This bespoke training, held from 24th to 27th February 2026, focused on critical topics such as the transition from IPSAS Cash basis to IPSAS Accrual accounting and the adoption of Electronic Government Procurement (E-GP) systems.

The program was designed to strengthen legislative oversight and enhance institutional effectiveness by equipping participants with practical competencies in financial oversight, budget analysis, and governance within accrual-based accounting and digital procurement environments. These areas are vital for promoting transparency, accountability,

and value for money in public expenditure management.

In her opening remarks, Ms. Misati, at CPST, emphasised the essential oversight role of County Assemblies in safeguarding devolution and improving service delivery. "Public resources should be assessed not only in terms of expenditure but also in relation to the tangible impact delivered to citizens," she stated, highlighting the importance of effective resource management.

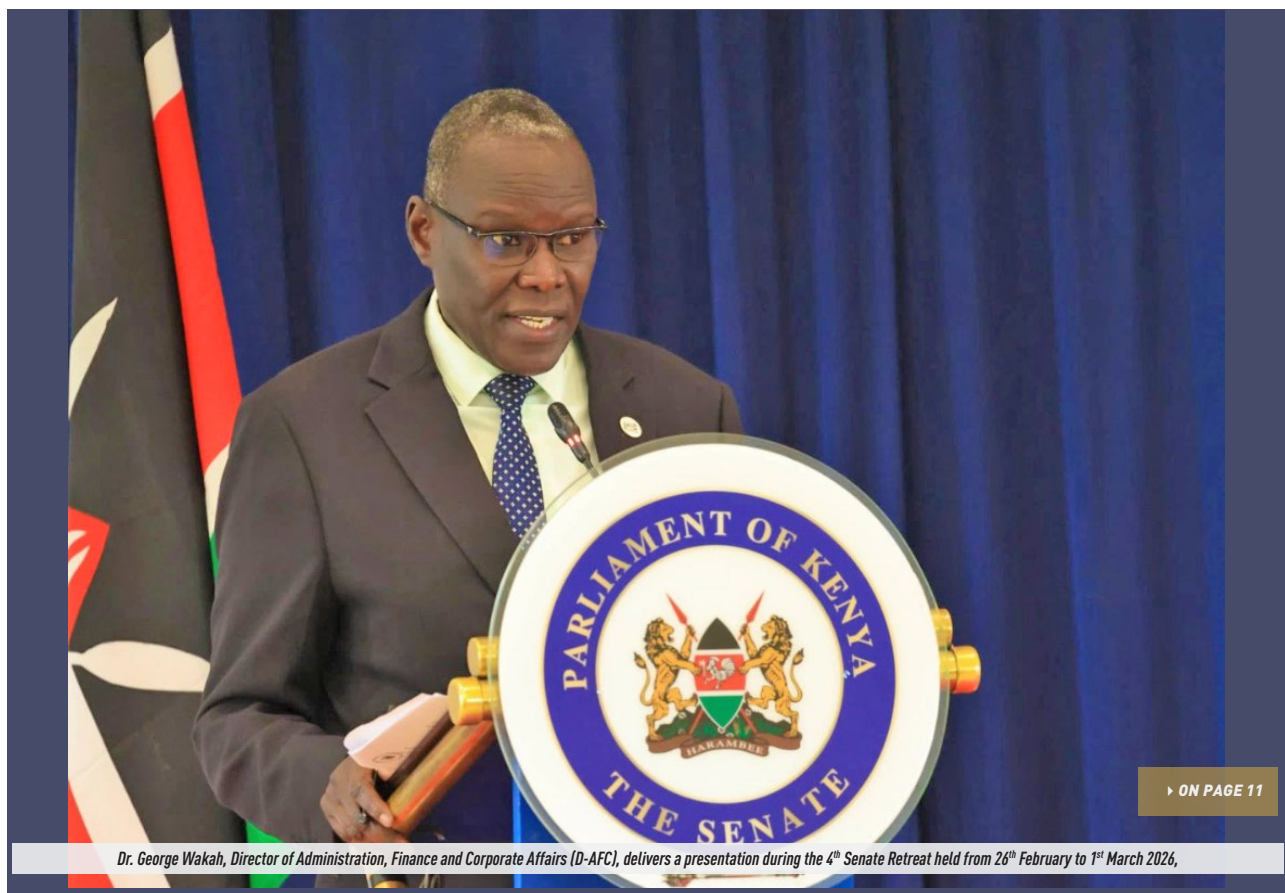
During the opening of the programme, Hon. Manza Beja, Leader of the Delegation and Chairperson of the Committee, encouraged participants to actively engage in the training and maximise the learning opportunity. He emphasised the importance of effectively applying the knowledge acquired to strengthen oversight functions and enhance the management of County Assembly affairs. Hon. Beja further reaffirmed the Commit-

tee's commitment to continuous learning, institutional strengthening and sustained professional development as essential pillars for improved parliamentary performance and service delivery.

CPST commended the leadership of the County Assembly of Kwale for its continued collaboration and commitment to institutional excellence. This program reaffirmed CPST's mandate to advance professional development and strengthen public financial management systems within devolved governance structures.

By equipping County Assembly members and staff with essential skills and knowledge, this initiative aims to enhance the effectiveness of public finance management in Kwale County, ultimately benefiting the communities they serve through improved governance and accountability.

CPST Participates in the Senate Retreat



Dr. George Wakah, Director of Administration, Finance and Corporate Affairs (D-AFC), delivers a presentation during the 4th Senate Retreat held from 26th February to 1st March 2026,

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CPST Participates in the Senate Retreat (Continued)

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The CPST took part in the Senate Retreat both as a speaker and exhibitor from 26th February to 1st March 2026, reaffirming its commitment to supporting the Senate through continuous capacity building. The retreat was held under the theme “Advancing the Senate’s Agenda: Review Strategy and Sustainable Progress.”

The event brought together Senators and parliamentary leaders to reflect on the work of the Fourth Session and set strategic priorities for the Fifth Session. Opening the retreat, Speaker of the Senate Amason J. Kingi EGH MP described the forum as an important moment for reflection and planning. He said, “This retreat offers a vital platform for us to review our performance and define the strategic direction we must take as we move into the next session.”

Speaker Kingi called on Senators to improve legislative efficiency especially in handling Bills touching on fiscal sustainability service delivery and county governance. He also stressed the need for stronger oversight in key areas such as fund absorption, health sector management and infrastructure delivery. At the same time, he underscored the value of

citizen engagement through petitions and structured public participation. “We must remain focused on legislation, oversight, and meaningful public engagement if we are to effectively deliver on the Senate’s mandate,” he stated.

The Clerk of the Senate Mr Jeremiah Nyegenye, CBS, also spoke on the importance of looking ahead as the 13th Parliament enters its penultimate session. He urged Members to protect the gains already made while addressing obstacles that continue to affect effective representation and oversight. “This is the time for strategic foresight and for consolidating the progress achieved so far while resolving the bottlenecks that hinder our work,” he said.

At the retreat CPST presented its wide range of capacity building programmes designed to strengthen the mandate of Senators. These included targeted courses and online programmes offered in partnership with McGill University. The Centre also highlighted its bespoke on demand trainings tailored to meet the specific needs of Senators.

Hon. Jackson Mandago Senator, Uasin Ngishu County commended one of the Centre’s flagship programmes and advocated for its enhanced prominence within

parliamentary capacity-building initiatives. He emphasised that the Security and National Interest Programme is of strategic importance and recommended that it be considered a mandatory component of the induction programme for Senators, citing its significance in strengthening legislative oversight and informed decision-making on matters of national importance.

Speaking on behalf of the Executive Director of CPST, Dr. George Wakah, Director of Administration, Finance and Corporate Affairs, reaffirmed the Centre’s commitment to advancing parliamentary excellence through continuous capacity development. Addressing the retreat, he underscored CPST’s dedication to equipping Senators with the knowledge, skills and strategic competencies required to deliver transformative legislative outcomes, strengthen oversight, and sustain excellence in parliamentary service.

CPST’s participation at the retreat reflected its continuing role as a key partner in strengthening the Senate’s mandate. Through training, knowledge support and tailored learning opportunities, the Centre continues to help build a more effective responsive and forward-looking Parliament.

Giving with Intentionality - Lessons for Women

On 8th March 2026, the Centre for Parliamentary Studies and Training (CPST) joined the global community in commemorating International Women’s Day through a reflective session themed “Giving with Intentionality: Lessons for Women.”

The engagement was aligned to this year’s International Women’s Day theme, “Give to Gain,” which underscores the importance of purposeful, strategic, and impactful contribution in the various spheres where women operate.

The session was graced by the Deputy Clerk of the National Assembly, Ms. Serah Kioko, MBS, and Ms. Margaret Igane, Deputy Director, Human Resource and Administrative Services. It was hosted by the Executive Director of CPST, Prof. Nyokabi Kamau, EBS, and brought together women from CPST and female officers serving in Parliamentary Committees who collaborate with the Centre. The gathering provided a platform for reflection, knowledge exchange, and shared professional inspiration.

Deliberations focused on the multifaceted roles of women in society, particularly the expectations of giving within the family, workplace, and community. While acknowledging the strength, resilience, and transformative influence of women in these spaces, the session emphasised the need for intentionality in the allocation of time, energy, and leadership.

Participants underscored the importance of deliberate and purposeful contribution in shaping families, strengthening public institutions, and

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nurturing communities. Equally, the discussions highlighted the need to establish healthy boundaries, recognize different life stages, and embrace a balanced approach to giving that is guided by purpose rather than obligation.

A featured publication, **Why Intentionality Matters**, was made available to participants for further engagement with the theme. Special appreciation was extended to Ms. Wayua Mutisya, who acquired a copy for continued reflection.

In commemorating International Women's Day, CPST reaffirms its commitment to recognizing women not only for their contributions, but also for the intentionality, wisdom, and leadership they consistently demonstrate in service to society.

8th MARCH 2026

Give To Gain

INTERNATIONAL WOMEN'S DAY

This year, we celebrate women and invite them to reflect on the impact of giving with intention in the spaces they influence every day.

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Ms. Serah Kioko, MBS, (right) alongside Prof. Nyokabi Kamau EBS (centre), and Ms Margaret Igane, (left) lead participants in cake cutting to mark culmination on 5th March 2026

CPST Provides Strategic Guidance to NCIC on Operationalising the Peace Institute



Dr. George Wakah, Director, (AFC), CPST, (Centre) together with CPST staff, hosts a delegation from the National Cohesion and Integration Commission (NCIC) during a courtesy and benchmarking visit at CPST on 3rd March 2026

The Centre for Parliamentary Studies and Training (CPST) hosted a delegation from the National Cohesion and Integration Commission (NCIC) for a courtesy call and benchmarking visit on 3rd March 2026, focusing on the operationalisation of the Commission's proposed Peace Institute. The engagement provided a strategic

platform for knowledge exchange, underscoring CPST's role as a centre of excellence in institutional capacity development and governance.

During the visit, CPST shared practical insights drawn from its experience in establishing and operationalising institutional frameworks, with particular emphasis on defining a clear mandate and adopting best

practices in staff and stakeholder capacity-building. The discussions explored critical areas including governance structures, programme design, sustainable training models, and the cultivation of strategic partnerships necessary to support the effective functioning of the Peace Institute.

The engagement further highlighted the importance

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CPST Provides Strategic Guidance to NCIC on Operationalising the Peace Institute *(Continued)*

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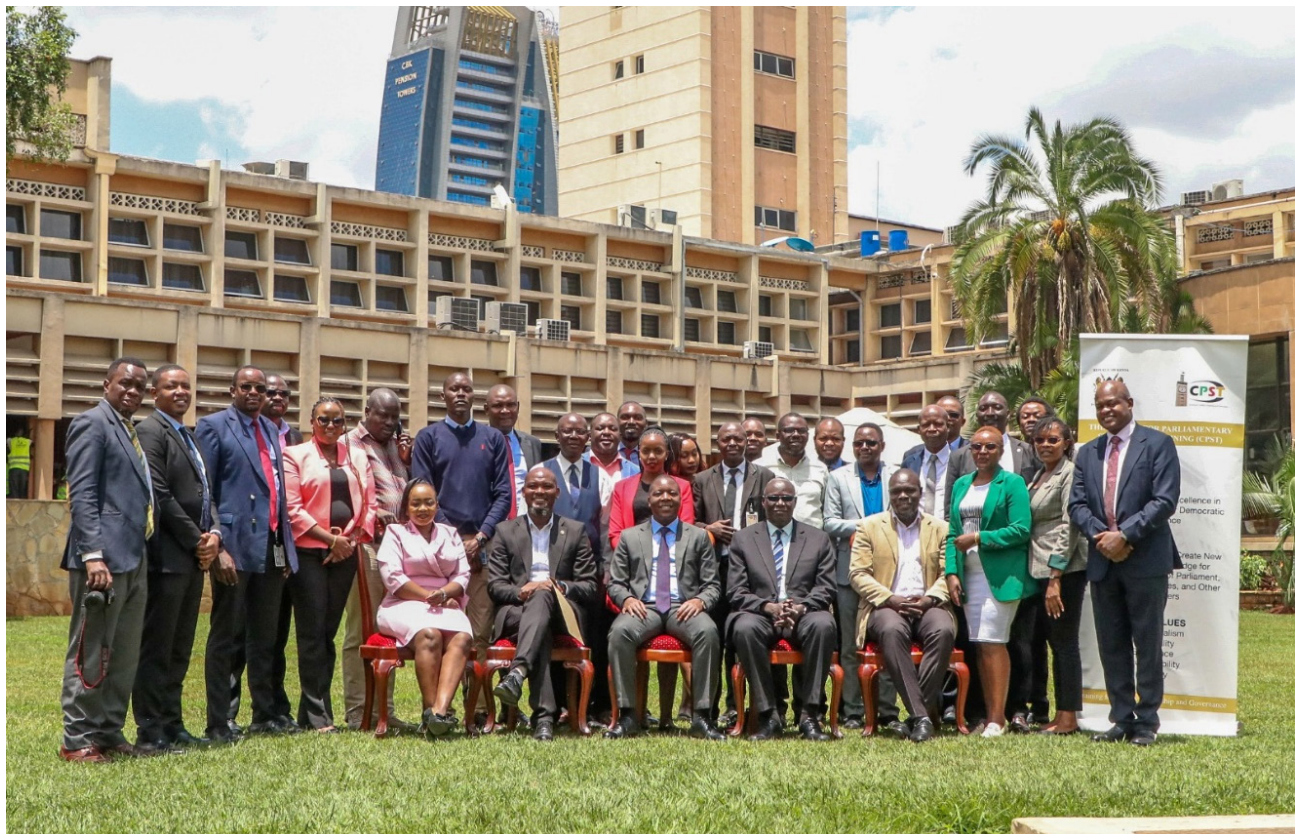
of aligning institutional objectives with national priorities, particularly in advancing cohesion, integration, and peaceful coexistence. Participants deliberated on approaches to ensure the Peace Institute is well-positioned to deliver on its mandate through impactful and sustainable capacity

development initiatives.

The visit marked a significant milestone towards the establishment of a robust and sustainable Peace Institute anchored on clarity of purpose, institutional excellence, and responsiveness to emerging national needs. CPST reaffirmed its commitment to

supporting NCIC in shaping a forward-looking institution that will contribute meaningfully to the promotion of national unity and social cohesion in Kenya.

CPST awards Certificates to Members of the Kenya Parliamentary Journalists Association (KPJA)



Members of the Kenya Parliamentary Journalists' Association (KPJA) during the Certificate awarding Ceremony held on Monday, 30th March 2026

The Centre for Parliamentary Studies and Training on Monday 30th March 2026 presided over the award of certificates to thirty-six members of the Kenya Parliamentary Journalists' Association following their successful completion of a structured capacity building programme. The training was conducted in two cohorts with the first running from 12th to 17th January 2026 and the second from 19th to 23rd January 2026.

The five-day programme was designed

to strengthen skills in parliamentary reporting ethical journalism and the effective communication of legislative processes. The initiative reflected the Parliamentary Service Commission's commitment to promoting transparency and building public trust through professional development for journalists covering parliamentary affairs.

Speaking during the ceremony KPJA Chairperson Mr. Moses Ogada underscored the value of continuous learning within the media fraternity. He urged members to pursue further professional development

including Training of Trainers programmes to deepen their understanding of parliamentary procedure. "Effective media engagement is essential in ensuring the public has access to legislative processes," he stated.

Dr. George Wakah, Director of Administration Finance and Corporate Affairs at CPST reaffirmed the Centre's role in capacity building research and knowledge management. He noted that CPST works with international partners including the United Nations Institute for Training and

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CPST and African International University (AIU) Explore Strategic Partnership on Leadership and Governance **(Continued)**

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Research (UNITAR) to deliver programmes that strengthen communication confidence and knowledge sharing. He also highlighted the importance of training needs assessments in shaping responsive programmes and reaffirmed CPST's commitment to continued stakeholder engagement.

Ms. Serah Kioko, MBS, Deputy Clerk of the National Assembly praised the long-standing partnership between Parliament and the media and said it remains

central to transparency accountability and openness in governance. She congratulated the participants and encouraged them to uphold professionalism while embracing lifelong learning.

In his remarks delivered on behalf of the Chief Guest, the Clerk of the National Assembly, Mr. Stephen Apopo, Director, Speaker's Office, commended CPST for implementing a relevant and comprehensive training programme. He urged

journalists to uphold accuracy, integrity and impartiality, and to utilise their access to parliamentary proceedings responsibly in promoting public interest and informed engagement. The ceremony marked a significant milestone in CPST's continued efforts to strengthen collaboration between Parliament and the media, while supporting accurate, ethical and informed reporting on legislative affairs.



Ms. Serah Kioko, MBS, Deputy Clerk of the National Assembly, addressing participants during the Certificate Awarding Ceremony for KPJA.



Dr. George Wakah, Director, Administration, Finance and Corporate Affairs (D-AFC), addressing participants during the Certificate Awarding Ceremony for KPJA.

CPST Trains Public Officers on Protocol Etiquette and Events Management in Legislature

The CPST conducted a five-day training programme on Protocol Etiquette and Events Management in the Legislature at its Nairobi Town Campus, Parliament Square from 9th to 13th March 2026.

The programme aimed to strengthen knowledge and practical skills in protocol, etiquette, diplomacy, communication, media engagement, security coordination and professional ethics within the legislative and public sector context.

The training brought together seventeen public officers drawn from five State Departments and the National Government Constituencies Development Fund

(NG-CDF). The participants represented diverse functions, including protocol, communication, public and media relations, and technical departments, demonstrating a shared commitment towards enhancing professionalism in the planning, coordination and management of official engagements.

The course targeted officers involved in high level coordination and institutional representation including Protocol Officers, Communication Officers, Public and Media Relations Officers, Parliamentary Liaison Officers, Under Secretaries Personal Assistants and others involved in VIP and diplomatic engagements. This mix of

participants encouraged cross institutional learning and the sharing of best practices.

In his opening remarks, Dr. George Wakah, Director of Administration, Finance and Corporate Affairs, representing the Executive Director, Prof. Nyokabi Kamau, EBS, commended the participating institutions for prioritising capacity building and professionalism in public service. He emphasised the importance of upholding high standards in protocol, communication, event management and customer service to ensure that official engagements are conducted with dignity, efficiency and in accordance with established professional standards.

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Participants during a training session on Protocol, Etiquette and Events Management in the Legislature Course

Throughout the training participants deepened their understanding of legislative protocol, diplomacy etiquette, communication media engagement, security coordination and ethics. The programme equipped them with practical skills needed to coordinate official functions, manage del-

egations, facilitate VVIP engagements and uphold professionalism in public service.

In her closing remarks the Deputy Director Administration Finance and Corporate Affairs encouraged participants to apply the knowledge and skills gained to improve service delivery and uphold the dignity and

integrity of public institutions.

The training reflected CPST's continued commitment to strengthening legislative administration and promoting professional excellence across public institutions.

CPST Joins Inaugural Global Meeting of Parliamentary Training Institutions in Ghana

The Centre for Parliamentary Studies and Training (CPST) participated in the inaugural meeting of the Network of Parliamentary Training Institutions (PTI) held from 23rd to 24th March 2026 in Accra, Ghana. The high-level forum brought together parliamentary leaders and representatives from parliamentary training institutions across the world to promote collaboration, peer learning and the development of sustainable frameworks for

strengthening parliamentary capacity.

CPST was represented by the Executive Director, Prof. Nyokabi Kamau, EBS, who actively participated in the deliberations on establishing a structured and sustainable PTI network. Drawing from CPST's experience in parliamentary training and institutional development, Prof. Kamau highlighted the importance of coordinated approaches to capacity building, knowledge exchange and innovation in addressing emerging governance needs.

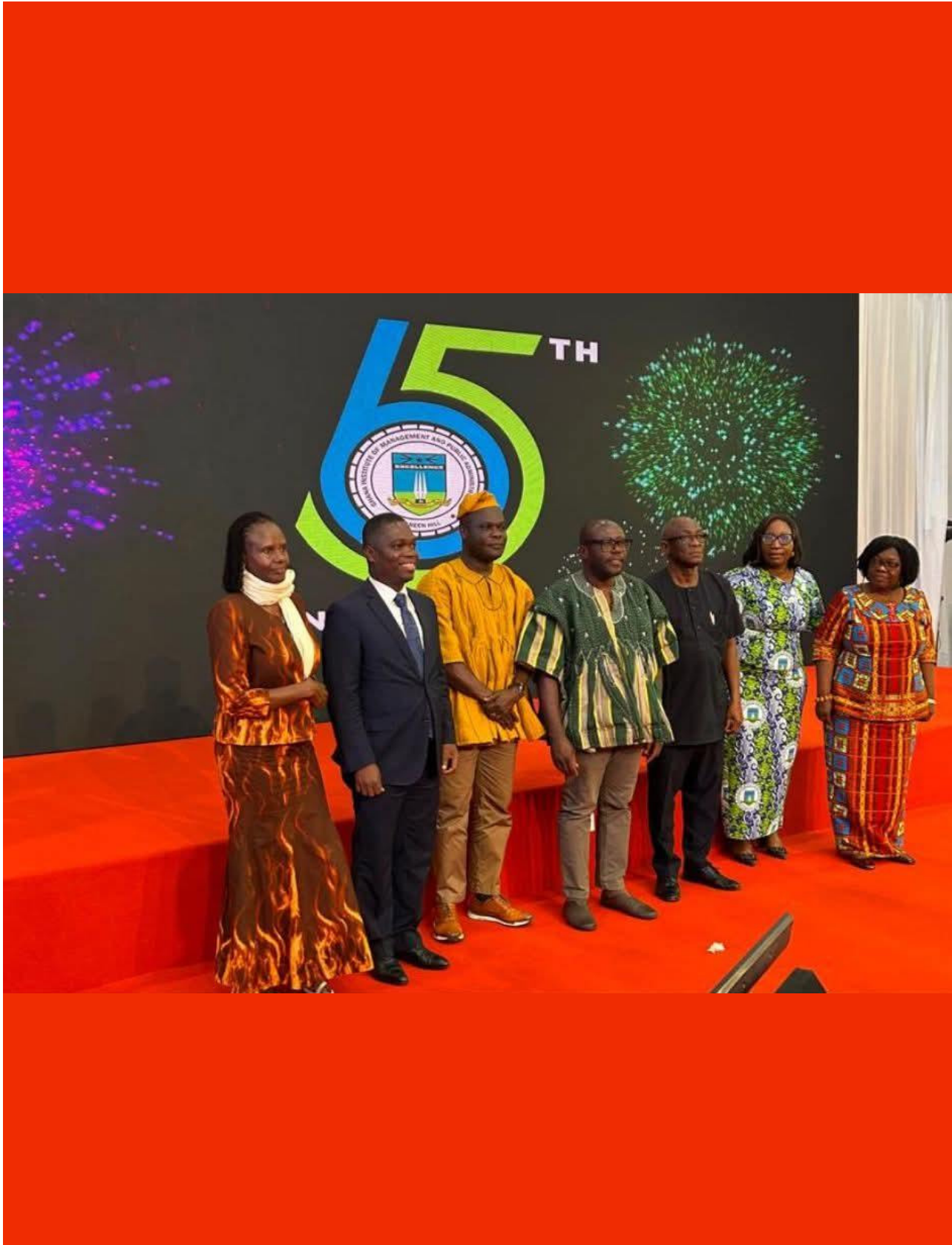
She emphasised that strong parliamentary institutions require deliberate collaboration, shared learning and practical frameworks that enhance institutional effectiveness.

Prof. Kamau further reaffirmed CPST's commitment to advancing the PTI agenda and noted the importance of continuous engagement among parliamentary training institutions in sharing best practices and strengthening partnerships. She underscored that physical

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CPST Joins Inaugural Global Meeting of Parliamentary Training Institutions in Ghana *(Continued)*

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Prof. Nyokabi Kamau, EBS, Executive Director (left), and Prof. Samuel Kwaku Bonsu, Director of GIMPA (right), pose for a group photo during the Inaugural Global Meeting of Parliamentary Training Institutions (PTIs) held in Ghana on 26th March 2026.



Leaders of Parliamentary Institutes (PTI's) from select participating states during the Inaugural Global Meeting of (PTI's) held in Ghana from 23rd to 24th March 2026.

critical in fostering trust, deepening cooperation and developing long-term solutions that support effective parliamentary institutions.

The meeting, hosted by the Parliament of Ghana, was attended by senior parliamentary leaders, including the First Deputy Speaker, Majority Leader, Members of Parliament and the Clerk to Parliament. Representatives from the Inter-Parlia-

mentary Union and delegates from various countries also participated, demonstrating global commitment towards advancing parliamentary development.

Deliberations focused on institutional sustainability, visibility, responsiveness to evolving governance demands and emerging areas such as the application of artificial intelligence in legislative processes. The meeting culminated in a

resolution to establish a formal PTI network supported by thematic working groups and a dedicated secretariat.

CPST's participation reaffirmed its strategic role in promoting excellence in parliamentary capacity building and strengthening collaboration among parliamentary institutions globally.



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Parliamentary Practices: Mainstreaming Gender Equality and Women's Empowerment (GEWE) Programme

The Centre for Parliamentary Studies and Training (CPST), in partnership with McGill University, is pleased to invite applications for the Second Cohort of the Parliamentary Practices: Mainstreaming Gender Equality and Women's Empowerment (GEWE) Programme.

The 11-week virtual programme will run from September to November 2026, with expert-led online sessions held every Monday from 5:30 p.m. (Nairobi Time).

Participants will gain practical knowledge and comparative perspectives on:

- Mainstreaming human rights and inclusion in parliamentary practice;
- Building gender-sensitive and inclusive parliaments;
- Leading institutional and legislative reforms that advance gender equality; and
- Developing practical action plans to promote gender equality and women's empowerment within parliamentary processes.

Interested participants are encouraged to register by completing the online registration form- <https://forms.gle/paLTnvu6QDgv7P2V9>

For further information, please contact CPST via cpst@parliament.go.ke or +254 115 312 137.

CPST Strengthens Legislative Capacity of Justice and Legal Affairs Committee (JLAC) of the County Assembly of Bungoma



Members of the Justice and Legal Affairs Committee (JLAC) of the County Assembly of Bungoma during a capacity-building training held from 30th March to 2nd April 2026.

From 30th March to 2nd April 2026, the Centre for Parliamentary Studies and Training (CPST) hosted a bespoke training programme for Members of the JLAC of the County Assembly of Bungoma at the CPST Campus, County House, Nairobi. The programme was designed to enhance the Committee's legislative and oversight capacity through practical engagement on parliamentary procedures, governance frameworks and emerging trends shaping modern legislative practice.

Welcoming the delegation led by the Chairperson, Hon. Jacob Psero, Dr. George Wakah, Director of Administration, Finance and Corporate Affairs at CPST, commended the County Assembly of Bungoma for its continued partnership with the

Centre since the advent of devolution. He emphasised the importance of continuous capacity development in strengthening committee effectiveness and enhancing the quality of legislative processes within the evolving governance environment.

Dr. Wakah highlighted the relevance of emerging areas, including the integration of artificial intelligence in legislative processes and procedural innovation, noting that the programme was structured to deepen Members' understanding of parliamentary practice while equipping them with the competencies required to respond to complex legislative demands.

The training further covered key thematic areas, including conflict-of-interest frameworks, witness protection, justice, human rights and governance within the devolved system. These areas were iden-

tified as critical in promoting transparency, accountability and effective oversight. Through interactive sessions and expert-led discussions, participants gained practical insights aimed at strengthening their ability to fulfil their constitutional mandates of legislation, oversight and representation.

CPST appreciated the JLAC of the County Assembly of Bungoma for its continued confidence and collaboration. As a Centre of Excellence in legislative governance, CPST remains committed to strengthening institutional capacity and advancing inclusive, accountable and responsive parliamentary practices that support effective service delivery and democratic governance.



For more information on our courses, please contact:



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